

November 6, 2019

Dear Community,

Rose Youth Foundation, an initiative of Rose Community Foundation, engages Jewish high school students in collaborative grantmaking. In spring of 2020, Rose Youth Foundation will make grants totaling \$60,000 to support teen mental health services in the Greater Denver Community. Grants will fund organizations and programs that work to increase the access and affordability of mental health services for teens, ages 13 to 18, and reduce the stigma associated with getting help.

We, the 19<sup>th</sup> cohort of Rose Youth Foundation, hope these grants help teens address their mental health challenges and reduce the teen suicide attempt and death rates. We believe that programs and services that address mental illness early in a person's life can significantly reduce the risk of suicidal behaviors and actions.

As a group of Jewish teen funders, we cannot stand idly by, *lo ta'amod al dam rei'echa*, as our peers struggle with mental illness challenges. We encompass the spectrum of Jewish denominations and have worked together to explore Jewish teachings and wisdom and collectively feel committed to guiding our grantmaking using the Jewish values of:

- *V'hechezekta bo*, you shall strengthen: We are called to support peers who need help. We do not judge, fear, reject or isolate people with a mental illness; instead we recognize and respect the challenges they are facing and stand by their side as they work to strengthen their mental health.
- *Pikuach nefesh*, save life: We recognize that each person living with a mental illness experiences different symptoms and challenges but that they are not alone in this struggle. Everyone deserves care that addresses their unique feelings and experiences that helps them improve and save their life.

We invite nonprofit organizations to respond to this request for proposals. \$60,000 is available to grant and we anticipate making grants that range from \$10,000 to \$20,000. Because funds are limited, it is anticipated that not all applicants will receive funding.

Sincerely,

**Rose Youth Foundation 2019-2020 Members**

Ellie Avner  
Ava Barish  
Quinn Booth  
Lauren Buchman  
Aaron Denberg  
Aiden Foster  
Lucy Foster  
Jeremy Gart  
Sandy Goldstein

Chloe Hansen  
Lauren Huttner  
Aiden Kboundi  
Benjamin Nathaniel Kohav  
Allison Kris  
Jack OConnor  
Elisheva Parkoff  
Jacob Pomerantz  
Sydney Protass

Aaron Reznick  
Abigail Shapiro  
Zoe Siegel  
Abbie Snyder  
Lauren Van de Poll  
Elaiah Rose Volin  
Emmie Weprin  
Alexander Zinn

**Rose Youth Foundation 2019-2020 Grant Priority and Request for Proposals**  
**Deadline: 5:00 p.m. on Wednesday, December 4, 2019**

Mental health is just as important as physical health. Having a healthy mind allows a person to learn, play, understand and empathize with others, and cope with difficult emotions and feelings.

Today's teens are under an increasing amount of pressure and stress. Nearly 30 percent of Colorado high school students report feeling so sad or hopeless for two weeks in a row that they stop doing their usual activities<sup>1</sup>. When feelings and emotions disrupt a person's ability to function and perform daily activities, it is likely they have a mental illness.

Mental illness can happen to anyone; it is believed to be caused by a mix of inherited and biological traits, as well as environmental and social factors. Mental illness is not a result of doing something wrong. While there are common signs and symptoms, often they present differently from person to person even when the diagnosis is the same. One of the biggest barriers to professional treatment is the stigma that surrounds mental illness. We envision the impact of these grants will shine a light on the importance of mental wellness and that teens will know where to turn when they need help.

One of the leading causes of death in adolescents is suicide. In Colorado, 7 percent of youth attempted suicide in 2017<sup>2</sup>. This is a tragic statistic that demonstrates the pressing need for support services for Colorado's youth. No teen should be embarrassed, ashamed or alone in the search for support.

We will fund programs and organizations that work to increase access and understanding of the mental health care system and reduce the stigma associated with getting help. We are particularly interested in trauma informed care practices and efforts that strive to provide teens with a stronger sense of self and connection to the world around them. We will not fund political lobbying or advocacy.

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<sup>1</sup> "Healthy Kids: Mental Health" Colorado Health Institute. May, 2017

<https://www.coloradohealthinstitute.org/research/healthy-kids-mental-health>

<sup>2</sup> "2017 Executive Summary Healthy Kids Colorado Survey" Colorado Department of Public Health and Environment. 2017 <https://drive.google.com/file/d/1-fcgg91BtPBCPCdhstPYO4PZD3NXdtW7/view>

## **Eligibility and Application Information**

### **Deadline**

All applications must be received through Rose Community Foundation's [online grants portal](#) by 5:00 p.m. Wednesday, December 4, 2019. Late or incomplete proposals may not be considered. All applicants, regardless of whether or not their requests are granted, will be notified in late March 2020.

### **Funds Available to Grant and Grant Period**

\$60,000 is available to grant for this request for proposals. Rose Youth Foundation anticipates making grants ranging in size from \$10,000 to \$20,000. Rose Youth Foundation makes one-year grants; funds must be expended between April 2020 and March 2021. Because funds are limited, it is anticipated that not all applicants will receive funding.

We encourage organizations whose mission and work largely align with the Rose Youth Foundation 2019-2020 grantmaking priority to request general operating support. Organizations that have a specific program or project that aligns with the Rose Youth Foundation 2019 grantmaking priority, should apply for program/project support.

### **Eligibility Requirements**

Rose Youth Foundation will accept proposals from organizations and programs that serve the seven-county Greater Denver community of Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas and Jefferson Counties. Programs with a broader geographic focus may apply; however, the application must address its relevance to and impact on people living within these seven counties.

Applicants must be nonprofit organizations with tax-exempt classification from the Internal Revenue Service or must have a formal fiscal sponsorship arrangement with a tax-exempt organization.

Organizations with a pending grant request to Rose Community Foundation may also apply for this grant opportunity. Organizations may only submit one application in response to this request for proposals. In cases where two or more organizations are partnering on a program or project, one organization should submit a single proposal on behalf of the partnership.

### **Questions**

If you have questions about Rose Youth Foundation's funding priority, contact Emily Kornhauser, Initiatives Manager, at [ekornhauser@rcfdenver.org](mailto:ekornhauser@rcfdenver.org) or 303.398.7417. If you have questions about the online grants portal, contact Kelli Rojas, Grants Manager, at [krojas@rcfdenver.org](mailto:krojas@rcfdenver.org) or 303.398.7446.

## Completing Your Application

**Applications must be submitted online through Rose Community Foundation's online grants portal.** You can access the portal [here](#) or at [rcfdenver.org/grantsapply](https://rcfdenver.org/grantsapply). You will need to create or log into an existing account to view and complete the grant application. Only applications submitted through Rose Community Foundation's online grants portal will be accepted.

### After Submitting Your Application

Once you have submitted your online grant application, you will receive an email confirming your application was successfully submitted in the system. If you wish to access your application after submittal or to apply for another grant in the future, log in to your account by visiting [rcfdenver.org/grantsapply](https://rcfdenver.org/grantsapply) to access the system.

### Site Visits

Rose Youth Foundation will conduct site visits with some applicants as part of the grant review process. If your organization is selected for a site visit, the visit will take place between January 20 and February 20, 2020 and should include any key staff working on the project.

### Application Questions and Required Attachments

All grant applications must be completed and submitted online where character limits are enforced. The following information is provided as a resource to help you prepare your proposal.

#### Basic Information

- **Program/Project Name** (Character Limit: 100)
- **Executive Director Name** (Character Limit: 50)
- **Name and Title of Primary Contact for this Proposal** (Character Limit: 70)
- **Primary Contact's Email Address** (Character Limit: 50)
- **Primary Contact's Phone Number** (Character Limit: 20)
- **Grant Request Type:** General Operating Support or Program/Project Support (Select one)
- **Total Grant Amount Requested**

#### Fiscal Sponsor (if applicable)

- **Fiscal Sponsor:** Provide the organization name, address and website for your fiscal sponsor, as well as the name of a contact person and his or her phone number and email address. (Character Limit: 500)

#### Request Details

- **Mission and Vision Statements, Goals and Objectives:** Provide your organization's mission statement, vision statement along with current goals and objectives, and a brief history of the organization. (Character Limit: 2,000)
- **Request Description:** Describe the work for which your organization seeks funding including specific related activities you will undertake during the grant period of April 2020 and March 2021. Include a description of the population served and the number of people who will be served. (Character Limit: 2,000)

- **Outcomes and Impact:** Describe the desired outcomes for your organization or program/project. If you have past results please include those, as well as how you measure your quantitative and qualitative metrics. Optional: You may include a short story or example to demonstrate impact. (Character Limit: 2,000)

#### Financial Information

- **Fiscal Year End Date** (Character Limit: 10)
- **Operating Budget:** Provide the organization's operating budget including all expenses and revenue for the period covered by the grant (April 2020 through March 2021). An Excel file is preferred. (File Size Limit: 1 MiB)
- **Program Budget** (if applicable): Provide a detailed line item budget for all program expenses and revenue. Itemize each major budget category and include the total cost of the program. In the case of revenue, include all funds available for the program and indicate pending or secured for each. Include the amount requested from Rose Youth Foundation as a pending source of revenue. An Excel file is preferred. (File Size Limit: 1 MiB)
- **Year-to-Date Statement of Financial Position or Balance Sheet:** Upload your year-to-date statement of financial position (or balance sheet) through the most recent month end. An Excel file is preferred. (File Size Limit: 1 MiB)
- **Year-to-Date Statement of Activities or Income and Expense or Profit and Loss Statement:** Upload your year-to-date statement of activities (income and expense or profit and loss statement) through the most recent month end. An Excel file is preferred. (File Size Limit: 1 MiB)

#### Site Visit and Additional Information

- **Site Visit Date and Times** Select at least 1, and up to 3, possible dates and times for a one-hour meeting when a small group of Rose Youth Foundation members may visit your office or facility to learn more about the specific program or project(s) related to this funding request. Because members are high school students, they are generally available after school, between the hours of 4:00 and 6:00 p.m. Monday through Thursday, or anytime on Sundays. If your organization is selected for a site visit, the visit will take place between January 20 and February 20, 2020. We ask that you please hold the dates and times until we are in touch by January 15 to let you know if you have been selected for a site visit, and which of the provided dates we are able to visit.
- **Additional Tools and Resources Needed:** What additional tools or resources would be helpful to your organization as you continue to strengthen or expand your capacity to address the needs of the communities you serve? (Character Limit: 500)