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Supporting teens and educators has been at the heart of Rose Community Foundation's <u>Jewish Teen Education and Engagement Initiative</u> since its launch in 2014. In Fall 2019, the <u>Teen Education and Engagement Funder Collaborative</u> (the convening body for the Denver/Boulder Initiative in partnership with nine other communities) will launch the first-ever <u>Jewish Teen Mental Health First Aid Community of Practice</u>. We are pleased to invite two Denver/Boulder area youth professionals to participate in the cohort on behalf of our community.

## The Opportunity:

Participants will become certified <u>Youth Mental Health First Aid</u> (YMHFA) instructors through the National Council of Behavioral Health. They will engage in regular calls with other Jewish youth professionals from the Funder Collaborative communities over the course of a year and work together to address unique issues in the Jewish teen community. Certified YMHFA trainers will be required to lead one Jewish Youth Mental Health First Aid training for Denver/Boulder-area youth professionals, clergy and/or other community members per year.

### What You Will Receive:

- Youth Mental Health First Aid Instructors Certification
- Accommodations, meals and transportation to and from training
- Ongoing shared learning through the CoP

#### **About Youth Mental Health First Aid:**

Participants will be introduced to the unique risk factors and warning signs of mental health issues in adolescents, build an understanding of the importance of early intervention, and learn how to support a youth in crisis or experiencing a mental health challenge. The course introduces common mental health challenges, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

# Who Should Apply:

- Denver/Boulder-area Jewish professionals whose part- or full-time work involves teens, either through a youth-serving organization, congregation, youth movement or camp. Background in mental health or social work is a plus but not a requirement.
- Ability to complete the certification training, tentatively scheduled for the week of September 16, 2019 with the Community of Practice. Alternate dates are available if the participant has a scheduling conflict.
- **NOTE:** to maintain certification, Instructors are required to lead three trainings per year. These can be paid opportunities and can be within or outside of the Jewish community.

## **Application Instructions:**

• Please submit a letter, no more than two pages, that details your current position, related experience, and why you want to be a member of the Community of Practice (CoP) and certified as an instructor of Youth Mental Health First Aid. It should also confirm your ability to participate in the CoP and to fulfil the obligations of the role.

- If you currently work for a Jewish organization, please also submit a brief letter from your supervisor confirming that you will be able to participate fully in the CoP and that you have the support of the organization.
- Send the letter(s) via email to vbernier@rcfdenver.org no later than 5 p.m. on Friday, June 14.
- All applicants will be notified by Friday, June 21.